



IMPORTANT INFORMATION

SUNDAY
22.10.2017

Ασπέρια

swim

bike

run

The registration for Limassol Triathlon is now closed. We kindly ask you to check if the information in the Final [Start List](#) is correct. In case you think that something is wrong please notify us before Saturday the 21st of October 2017.

There will be no changes in the morning of the race.

Below you will find frequently asked questions and important information regarding the event. Please read them carefully. We ask for your support and cooperation in following the Rules to have a successful, safe and fair event that every competitor will enjoy.

F.A.Q.

- **When and where can I pick-up my race bag?**

Sunday 22nd of October, 7:00-8:00 at the Transition area, during registration.

We recommend that you arrive early enough on the race day to register.

- **When is the briefing?**

On Sunday there will be a short briefing before the start. Make sure to familiarize yourself with the race course and the flow of the [transition area](#).

- **Will roads be closed to traffic?**

The roads will be closed to traffic from 7:30. At all times the participants must anticipate that cars can be in the course due to violation of the road closures or due to emergencies.

We draw your attention to the turnaround points where you must be especially careful. Slow down as needed to be safe to yourself and the other competitors.

- **Where do I put the chip?**

The chip should be exposed ([image](#)). If the wetsuit is allowed, **make sure that the chip is on top of the wetsuit**. Make sure to hand it over to the official at the finish line after you finish the race.

- **Do I need a wetsuit?**

Wetsuits will be allowed as optional if the water temperature is between 14C° and 22 C°. Final ruling will be posted at 8:00 on the race day.

- **Is the helmet optional?**

The helmet is a mandatory. Anyone without a helmet will be disqualified.

- **Is drafting allowed?**

Drafting is **not** allowed. The non-drafting rule will be enforced by referees. The penalty box will be situated at the exit of the transition area.

Be sure that you are familiar with the [Competition Rules](#) and especially with the [Drafting Rule](#).

It is very important during the bike course to stay always at the very left side of the lane allowing faster competitors to over pass from your right. Overpassing from the left leads immediately to disqualification.

- **Can I listen to music?**

No. Earphones are prohibited by the [Competition Rules](#) during the whole race duration.

- **Do I need to count laps?**

Yes. It is the competitors' responsibility to count the laps. For the purpose of timing laps are counted electronically both in the cycle and run.

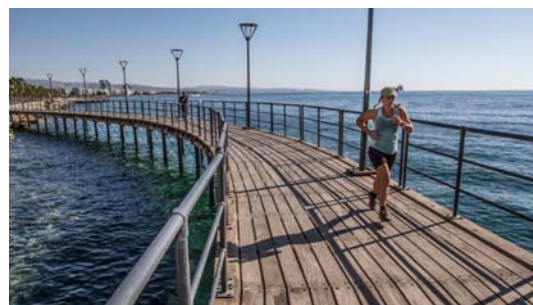
- **What time is the Awards Ceremony?**

The Award Ceremony will start at 10:00.

- **When can I pick-up my bike?**

Bike can be picked after the award's ceremony is finished.

Good luck and enjoy the race!!



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